Everyone learning to be the best they can be, academically and as global citizens.

We will succeed together by showing:

Courage  Joy  Kindness

Year 10 Melbourne Camp

Snow Program
Parents Group
As a part of rewards day on the last day of term parents group will be providing lunch for prep to grade 6 students. Hot dogs are on the menu.
Please provide lunch as normal if your child does not want hot dogs.

UNIFORM
Please ensure your child’s uniform is labelled clearly. Also please ensure your child has not accidently taken home the wrong uniform. Remember it is an expectation that all Prep to Year 10 students wear proper uniform each day.

Parents Group - WE WANT YOU!
Fundraising for October (9/10-31/10): Raffle at the Albion Hotel; Thursday & Friday nights, 6 pm – 7.30 pm.
Good excuse to go out for tea – if you can help selling tickets, please contact Martina on 5159 4515 or 0439 134 028.
Can you make it “pretty” please.

Year 10 Camp

Monday:
On the 18th August, Year 10 students headed to Melbourne for the week. Once we arrived in the busy city, we made a bee-line to the YHA. A quick pit-stop saw us back into the city streets eager for a view of the city from the famous Eureka Tower. From 88 floors up, we overlooked Melbourne at sunset. We tested Mr Docking’s fear of heights and some tested their own mettle by lying face-down on the glass before the height of the building was suddenly revealed.

Chinatown served our first meal. Dumplings were ordered, chop-sticks distributed and piles of hot food devoured. On the way back to our hostel, there was an eager call for churros which proved a delicious detour. We went to bed full-bellied. But, whether everyone slept is another story...

Tuesday
A mix-up with breakfast meant that we went to the Queen Vic market instead and got a waaaaay more delish breakfast.

At RMIT, we met Grant and Al (two teacher guys) and two first-year Uni students near the Old Melbourne Gaol. They took us to different parts of RMIT’s city campus and talked about what was available there to suit what we wanted to do once we left school. We recorded our own lil’ radio podcasts at SYN FM. Madeline, a SYN presenter, explained the order of a radio show and what you need to put into one. Between us, we made a simulated broadcast with all the pro equipment.

That night, we went ice skating at Melbourne Ice House!! This was super fun but a lot of us were also super sore after 10 minutes. We got to meet three of the Melbourne Ice Hockey players who were awesome. We were pretty exhausted after that and went straight back to YHA and slept like logs.
Wednesday:
We gobbled down our morning meal before heading to ACMI for the DreamWorks Animation exhibition. The exhibition displayed original drawings, some cool models and statues from films including all their famous movies like *Shrek*, *Madagascar*, and *Kung Fu Panda*. The best part of it was the *Dragon Flight Simulator*, it was a big screen that showed scenes from *How to Train Your Dragon*, and made you feel like you were flying. We all enjoyed the DreamWorks exhibition and being taken back to our childhood.

We took a short walk to the Arts Centre to see a production of *Macbeth* as part of our English study. Most of us enjoyed it and someone was even moved to tears! Next was the Shrine of Remembrance. Inside the big, stone building was amazing. We all went into the crypt and a very nice man told us stories about the history of the place. We all listened and absorbed the knowledge before watching the light pass the stone. It was moving for all of us.

Thursday
Thursday saw us trek to the west side of Melbourne for a look through Science works. We learned about how magnets, metal and motion create an electric current; found out how rescue teams tackle problems and even looked into some future technology that might help us in heaps of ways.

A small ferry took us into the city under low bridges. We headed to the Melbourne Zoo. It was great to see and hear all the wildlife. We couldn’t believe there are so many exotic animals just a stone’s throw away from the CBD.

At night, we headed to Lygon Street for pizza, pasta and a few tricks from the owner of the restaurant. Strolling further down Lygon Street and across to the Carlton Gardens, we arrived at our destination: IMAX. We saw a great movie on the huge screen (32 meters high!) with a very loud soundtrack (15,000 watts!).

Friday
On Friday we packed our bags and headed to the city for the last time. We had a few hours to shop, so the girls went to Melbourne Central, and the boys just went for a stroll in the big city. We went to a Rebel Sport just to have a look and the biggest EB Games in Australia. Seeing as we are such good gamers, we played Mario kart for a solid 30 minutes. The people in the line behind us weren’t very happy, but us country kids had a ball. We even saw some of Melbourne’s own street artists in action.

We met back at the train station to head home after a busy but great week away. What a trip!
PJ Day raised $300 for the Sunrise Children’s villages foundation.
Music Success

Congratulations to Laura Firus who has passed her Australian Music Examinations Board Grade 2 exam, and achieved a Credit for her performance. Laura plays the flute. She has been learning the flute at school for four years. Laura plays with our band as well as solo. It takes courage to go the step further and perform for examiners, so well done Laura.

All students at Tambo campus, and senior students at Flagstaff, are able to join the music program, and bring joy to others by the music they create.

Pet Day

On the last day of Term 3 (19th of September) we are thinking of having a pet day for P-6 and the year 7-12’s can come and watch if they would like. Please bring a gold donation to R.S.P.C.A. We will parade on the flagstaff campus oval in grade order. But we have some rules

- Bring your own pooper scoopers.
- If the animal bites a muzzle will be necessary.
- The animal has to be below 70cm at the shoulder.
- No parent No pet No bus.
- The pets can stay till 10:00.
- No riding pets.
- No horses.
- Only domestic pets.
- Leads and cages will be necessary.

By the flagstaff campus leaders.
Prep/1/2 Snow Fun Day
Flagstaff students visited Omeo Primary School on Thursday the 11th of September. Students engaged in literacy, numeracy, art and physical education learning in multi-age groups from prep up to grade 6. The joy of learning was evident on the day as students courageously engaged with learning tasks and interacted with their peers with kindness.

Prep students enjoyed decorating the coil pots they made from clay with acrylic paint.
Tips for Healthy Living

HPV vaccination: There are only 3 months left for Boys aged 14 – 15 years, to access the free catch up HPV vaccine, which will cease at the end of the year.

Human Papilloma Virus can cause various types of cancer and genital warts in both females and males. In 2015 it will be only provided free to Year 7 students. If your son is not vaccinated and is 14/15 years old contact Orbost Regional Health service or East Gippsland Shire.

Alcohol and Teenagers

Parents are the largest supplier of alcohol to under 18s, according to recent research. Teenagers whose parents supply alcohol in early adolescence are three times as likely to be drinking full serves of alcohol at age 16 compared to children in families that do not supply alcohol, a major new study from the National Drug and Alcohol Research Centre at UNSW Australia has found.

In the largest study of its kind, researchers followed nearly two thousand parent/child pairs over four years, in a bid to provide guidance to parents on how best to moderate their child’s drinking.

Chief investigator of the study, Professor Richard Mattick, said there was a deal of confusion among parents as to how best to moderate their child’s drinking and thereby hopefully minimise risks such as injury, violence, poisoning, risky sexual practices and future alcohol problems.

“Most parents will do whatever they can to minimise these risks. Our study suggests that supplying alcohol is not the best strategy to achieve this outcome,” Dr Wadolowski said.

“The results also indicate that those children who are given alcohol by their parents may be more likely to seek out alcohol from a variety of other sources.”

Source: generationnext.com.au 2014/09

For more information on alcohol and other drugs and hints on how to assist your teenager deal with party life and avoiding/delaying drinking alcohol go to: http://www.adf.org.au Or for more information contact Heather Daly. Adolescent Health Nurse.
Rotary Art Awards

Aiden Hayward and Sam Grinter both received commended prizes for their art work which was entered in the Rotary Club of Lakes Entrance East Gippsland schools Art Exhibition.

Swifts Creek School is a member of the 'Cartridges 4 Planet Ark' program.

To help you make your home a little greener, you are invited to bring your used printer cartridges from home and drop them into our collection box for recycling. The boxes are located at Tambo Campus in the library & Flagstaff Campus in the office.

Every cartridge we recycle saves energy, water and natural resources, such as aluminium, steel and plastics. The plastics can be turned into useful eWood items like pens, rulers, and outdoor furniture. So keep making a difference by recycling all of your printer cartridges, including those you use at home.

This program collects and returns inkjet, toner cartridges, toner bottles and other consumables from printers, fax machines and photocopiers for reprocessing and recycling. Please keep all packaging out of the cartridge collection box.

The following brands are accepted: Brother, Canon, Oce, Epson, HP, Konica Minolta, or Kyocera as well as Toshiba, Lanier, Fuji Xerox Australia, Samsung, Panasonic, Sharp or Lexmark. These manufacturers pay for the cost of recycling their printer cartridges through the ‘Cartridges 4 Planet Ark’ program.

Please keep all other brands out of the cartridge collection box. Cartridges from other brands create a financial burden on the program, making it less sustainable.

To find out more visit the website at http://cartridges.planetark.org/about/ or call the Cartridges Hotline on 1800 24 24 73.
Film Screening ‘The Lego Movie’

A favourite children’s building activity comes alive on the big screen

This computer animated adventure comedy tells the story of Emmet Brickowski, an ordinary Lego™ minifigure prophesied to save the universe from the tyrannical Lord Business.

Emmet also meets Finn and discovers what he is doing in his father’s basement.

The screening is for children aged between 5 and 12. Popcorn and drinks will be served.

Bookings essential

Monday 22 Sept.
Omeo
Service Centre
2.00 pm – 3.45 pm

Tuesday 23 Sept.
Orbost
Service Centre
2.00 pm – 3.45 pm

Monday 29 Sept.
Bairnsdale Library
2.00 pm – 3.45 pm

Wednesday 1 Oct.
Lakes Entrance
Service Centre
2.00 pm – 3.45 pm

Thursday 2 Oct.
Paynesville
Service Centre
2.00 pm – 3.45 pm

Phone 5152 4225 or book in person at the library for this FREE event.
# October 2014
Swifts Creek School

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| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Yr 8 Circus Camp | -Middle Years Theatre workshop | Yr 8 Circus Camp | Yr 8 Circus Camp | Yr 8 Circus Camp |       |     |

| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
|     |     |     |     |     |     |     |

| 27  | 28  | 29  | 30  | 31  |
| Big Breakfast & Year 7 Transition day |       | Year 12 Exams Begin |     |     |

**Further Events**
- Nov 4th Melbourne Cup
- Nov 5th School Council
- Nov 11th Life Ed van P-6
- Nov 21st Pallet Cart Derby

**Contact Information**
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